

SWS APRIL SNACKS AND LUNCH MENU

	MORNING SNACKS		LUNCH MENU		EVENING SNACKS
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PLEASE FIND THE SNACK ITEM RATES BELOW THE MENU

		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1-APR-25	2-APR-25	3-APR-25	4-APR-25
		SAMOSA	VEG FRANKIE	VEG PUFF	WADA PAV
		CUCUMBER SANDWICH	COLESLAW SANDWICH	ALOO SANDWICH	CHUTNEY SANDWICH
		CHOLA	MISAL JHOL	KOKAM DRINK	VEG HAKKA NOODLES
		BHATURA	POHA CHIDWA	WHITE CHAWLI GRAVY	VEG MANCHURIAN GRAVY
		PULAO	MASALA BHAAT	GOBI MATAR SUBJI	VEG FRIED RICE
		ONION SALAD	CURD	ROTI	BESAN BARFI
		MASALA RAITA	PAV	RICE	
		PICKLE	PICKLE	CURD	
		ICE CREAM CUP	BANANA	CUT SALAD	
				ATTA KA HALWA	
		SWEET CORN	BHEL	FRENCH FRIES	PAPDI CHAAT
ENERGY (KCAL)		546	554	534	586
PROTEINS (GMS)		18	18.5	19.5	19.8

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	7-APR-25	8-APR-25	9-APR-25	10-APR-25	11-APR-25
	WADA PAV	BREAD PAKODA	DAL KACHORI	SAMOSA	VEG PATTIES
	VEG SANDWICH	VEG FRANKIE	CUCUMBER TOMATO SANDWICH	ALOO SANDWICH	CHUTNEY SANNDWICH
	CHAAS	SHIKANJI	KADHAI PANEER	SOL KADI	CHAACH
	DAL TADKA	PAV	PARATHA	GOAN POTATO BHAJI	BLACK CUT URAD DAL
	VEG JALFRAZI	BHAJI	MATAR PULAO	WHITE PEAS GRAVY	LAUKI TOMATO
	ROTI	ONION SALAD	MASALA RAITA	PURI	RICE /ROTI
	RICE	JEERA RICE	PICKLE	RICE	SLICE SALAD
	CUT SALAD	MINT RAITA	SUJI KA HALWA	KUCHUMBER / PICKLE	PICKLE
	PICKLE	PICKLE	SPROUT SALAD	SEVIYA KA KHEER	COCONUT BARFI
	GULAB JAMUN	BANANA			
	ONION PAKKODA	KAPPA	FRENCH FRIES	ALOO TIKKI	SEV PURI
ENERGY (KCAL)	531	551	566	547	531
PROTEINS (GMS)	18.2	19.6	20.8	18.6	18.2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	14-APR-25	15-APR-25	16-APR-25	17-APR-25	18-APR-25
	SAMOSA	BREAD PAKODA	FRANKIE	VEG PUFF	
	BUTTER JAM SANDWICH	VEG SANDWICH	COLESLAW SANDWICH	ALOO SANDWICH	
	SHIKANJI	DAL MAKHANI	CHAACH	DAHI	
	VEG XACUTI	JEERA ALOO	CHILKA MIX DAL	PLAIN KHICHDI	
	PAV	ROTI	SOYA CHUNK GRAVY	GREEN CHUTNEY	
	RICE	RICE	ROTI	MIX VEG PARATHA	GOOD FRIDAY
	PICKLE	MACARONI SALAD	RICE	GHEE & PAPAD	HOLIDAY
	CUT SALAD	CURD	CUCUMBER SALAD	KALA CHANA SALAD	
	SABUDANA KHEER		PICKLE	PICKLE / RICE KHEER	
			BESAN BARFI		
	FRENCH FRIES	ALOO TIKKI	CORN CHAAT	BHEL PURI	PAPDI CHAAT
ENERGY (KCAL)	551	525	563	568	
PROTEINS (GMS)	18.4	19.6	20.4	18.4	

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	21-APR-25	22-APR-25	23-APR-25	24-APR-25	25-APR-25
	WADA PAV	VEG PATTIES	SAMOSA	PYAAZ KACHORI	VEG PUFF
	CHUTNEY SANDWICH	VEG FRANKIE	ALOO SANDIWCH	COLESAW S/W	BREAD PAKODA
	CHAACH	SHIKANJI	VEG CUTLET BURGER	ALOO TOMATO	CHANA DAL
	IDLI	WHOLE MASOR DAL	COLESLAW SALAD	KASHIFHAL	DRY MIX VEG
	PEANUT CHUTNEY	ALOO CAPSICUM	TOMATO KETCHUP	DAL PURI	ROTI
	SAMBHAR	ROTI	VEG PULAO	RICE	RICE
	RICE	KUCHUMBAR / PICKLE	MASALA RAITA	BOONDI RAITA	CUT SALAD
	COCONUT CHUTNEY	RICE	CAKE	PICKLE	PICKLE
	MIX PICKLE/BANANA	CHIKKI	PICKLE	SEV BARFI	
	SWEET CORN	PAPIDI CHAAT	BHEL	SEV PURI	FRENCH FRIES
ENERGY (KCAL)	551	525	563	568	534
PROTEINS (GMS)	18.4	19.6	20.4	18.4	17.4

CANTEEN ITEM RATES

SNACK ITEMS	QTY	RATE	SNACK ITEMS	QTY	RATE
ALOO SANDWICH	1PC	30	UTTAPAM	1PC	30
ALOO TIKKI	1PC	30	VEG CUTLET PAV	1 PC	40
BOMBAY SANDWICH	1 PC	40	VEG CUTLET	1PC	30
BHEL PURI	1 BOWL	30	VEG PUFF	1PC	30
CHUTNEY SANDWICH	1TRIANGLE	15	VEG FRANKIE	1PC	50
COLESAW SANDWICH	1PC	40	WADA PAV	1PC	40
CHEESE SANDWICH	1PC	40	WADA	1PC	20
CORN CHAAT	1 BOWL	30	PASTA	1BOWL	40
DHOKLA	2 PC	25			
DABELI	1 PC	30			
FRENCH FRIES	1 PLATE	30			
GOAN SAMOSA	1 PC	25			
MUSHROOM PUFF	1 PC	40			
KHASTA KACHORI	1 PC	30			
PUNJABI SAMOSA	1 PC	25			
PAPDI CHAAT	1 PLATES	30			
PYAAZ KACHORI	1 PC	40			