

<b>SYLLABUS</b>	<b>QMS DOCUMENT SWS</b>	<b>DOC No: SWS/EDU/SYL/10/HSci Page No: 1</b>
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### Home Science Syllabus for Class 10 (2018 - 2019)

**Term 1:**

Unit 1: Human growth & development II

Unit 2: Management of Resources: Time, Energy & Money

Unit 3: Food & Personal Hygiene

**Term 2:**

Unit 4: Meal Planning

Unit 5: Food Safety and Consumer Education

Unit 6: Care and Maintenance of Fabrics and Apparel

Date of Release 15/03/2018	Rev No: 00	Prepared by Ms. Shilpa Subject Educator (NSD)	Verified by Ms. Veronica Wing Head (NSD)	Approved by: Mr. Abhay Mathur / Mr. Deepak Khaitan Principal / Director (NSD)
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